

General Meeting Topic

This month we are introducing a little physical activity to our monthly general meeting! We will be meeting at Meijo Park for an outdoor Bon Dance lesson.

A local troop will be our leaders and instructors for the morning. We will have various yukata to wear if you need to borrow one, or bring your own. Please come along and have a wonderful time dancing, socialising and having fun!

We are also having a donation drive for the YWCA. If you would like to participate, please bring along any donations of new men's underwear, t-shirts of all sizes, reusable water bottles, body wipes or money to cover the cost of a meal to the general meeting. Contact Crystal Davila for more information..

When and where:

10:15 - 12:15

Meijo Park*

After dancing, we will be going to a nearby restaurant for lunch. We have space for 15 at GARB CASTELLO

Address:

1 Chome-2 Meijo, Kita Ward
Nagoya, Aichi 462-0846
(Near the dutch windmill)

*If the weather is bad we will be holding our meeting at AIA and go to lunch at CARB CASTELLO

Guests:

Guests and children are welcome. Guest fee is 500 yen



Message from the Board Members

Hello everyone.

My name is
Sakiko Kato.

I have been a
member of
CCEA

for over ten
years and

am serving as a Financial Coordinator
this year. It has been a great
experience to work with other
wonderful ladies!



I've made good friends through CCEA
who have broadened my world in
many ways. It is always fun and
interesting to learn about other
cultures and to learn more about
Japanese culture, too.

CCEA is a great place to meet new
people from all over the world, learn
and experience many different kinds
of things.

I am so glad that I could be a
part of this organization.

I look forward to having a fun time.

Happy holidays!

CCEA is now coming to a close for our summer holiday. We will be taking a break from the general meetings and activities during July and August. Safe travels to everyone and have a wonderful, relaxing summer break.

We would like to say a huge thank you to all of our interest group leaders, board members, and of course the membership who have made CCEA such a fun place to be so far this year. See you all at our September 6th meeting.

If you have any topics you would like to share during our General Meetings this year, email us at nagoyacce@gmail.com

SAVE THE DATE - IMPORTANT REMINDERS

General Meeting:

June 7

September 6, October 4, November 8

Board Meeting:

May 17,

June 14, August 16, September 13,
October 11, November 15, December 13

Holiday Luncheon:

December 6th

Book Club:

June 3rd

Photography Club:

June 5th

Ikebana and Calligraphy:

June 29th

Crochet and Turkish Oya

TBA

Restaurant Hunters

June 25th

Arts Club

TBA

Happy Hour Hunters:

TBA

Yamato-E:

June 13th and 28th

Day Trips:

June 12th

Kimekomi:

June 19th

Pilates:

June 19th

Language exchange

June 11th

Community Service

June 7th and 21st

JUNE BIRTHDAY ANNOUNCEMENTS

6/1 Keiko

6/8 Jean

6/12 Samantha

6/19 Manisha

6/21Mie

6/26 Misako

6/29 Jenny



CROCHET AND TURKISH OYA

This craft class will include crochet and Turkish Oya (lace). Let us make our very first scarf or lace together! Everyone is welcome - all abilities are catered for. There will be a basic supply list provided when you sign up - items available on amazon.

Meets: TBA 10.30-12:30

Place: Omur's house

For more information please contact:
Omur - omurjapan@gmail.com
Jean - jealo_zemper@yahoo.com

COMMUNITY SERVICE

The Volunteer Interest Group will be holding its first events in May. Be on the lookout for an email with detailed information and a sign up sheet.

Meets: June 7th and 21st

Place:TBA

For more information please contact:
Crystal Davila nickcrys@sbcglobal.net

LANGUAGE EXCHANGE

Come along and practise your English or Japanese, or both! We will spend 30 minutes speaking solely in English and 30 minutes in Japanese so that everyone can work on having conversions in each language. Everyone / any level is welcome.

Meets: : June 11th 1:00-2:00

Place:Nagoya International Center

For more information contact:
Jenny Loveridge jenny.loveridge@gmail.com

BOOK & ART CLUB

“The sweetness of Water”

By Nathan Harris

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

Meets: 10am-11:30am, June 3rd

Place: Aichi International Plaza 1st Floor Large Meeting Room

-5-minute walk from Nagoyajo Station, Exit 5, (Meijo Line)

-Free parking spaces are available

For more information please contact:

Helen Saito: lanisaito@gmail.com

Shuuko Adachi: shuukosaku@gmail.com

IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together.

Class is limited to 3 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

Meets: June 29th

Place: 10am

Fee: ¥2,200-2,380

For more information please contact:

Ikebana Class CCEA - FB Group

nagoyaceea@gmail.com

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught;

traditional, stylish, and artistic.
Class is limited to 3 persons.

Meets: June 29th

Place: 11am

Fee: ¥1100

For more information please contact:

Calligraphy Class CCEA - FB Group

nagoyaceea@gmail.com

YAMATO-E

Are you interested in experiencing Japanese culture through painting? If so, come join the Yamatoe-e group and learn very authentic Japanese art. Painting themes are various from seasonal events such as 'Hinamatsuri' to people's activities in and around Heiankyo(Kyoto) in the Heian Period. It must be exciting to explore how to use brushes and to do coloring with special pigments called 'Gansai'. Everyone is welcome to try it

Meets: 10:30am-12:30, June 13th & 28th

Place: TBA

Fee: ¥300

For more information please contact:

Yoko Kodera: yokoyamatoe@i.softbank.jp

HIKING & DAY TRIPS

We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

Meets: June 12th

Place: Arimatsu

For more information please contact:

Yenling Chou: kenyachou123@gmail.com

Kerry Holdcroft: kpruce@gmail.com

HAPPY HOUR HUNTERS

Let's explore Nagoya to find a relaxed atmospheres at the end of week to get together around a glass of drink.

Partners and guests are welcome to attend!

Meets: 6:00pm-8:00pm, June 14th

Place: TBA

For more information please contact:

Gwyn Wilson: shadow.frau@gmail.com

Ayuko Horibe: iyoucoco@gmail.com

PILATES

When you are young, it's common to do some sports. However, after graduating from school, you have less exercises because of many things to do, which results in weaken muscle. Pilates exercise focuses on strengthening the abdominal muscle and increasing flexibility of the spine.

Meets: June 19th 10:30-11:30

Place: Zoom

For more information please contact:

Misako Tamimoto:

lodgemigreens@hotmail.com

RESTAURANT HUNTERS

...seeking all adventurous foodies

Lets traverse the culinary world of Nagoya sampling exciting flavors and creating connections through food

Meets: June 25th

Place: TBA

For more information please contact:

Samantha Brunner

samnkoon@gmail.com

TURKISH COOKING

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

Meets: TBA

Place: TBA

For more information please contact:

Omur Certin: omurjapan@gmail.com

PHOTOGRAPHY

Would you like to go out with your camera? It doesn't matter if it's an SLR camera or a smartphone camera. Let's enjoy taking photos and improve your camera skills! In May we will learn the photo editing app: Snapseed

Meets: June 5th

Place: TBA

For more information please contact:

Chihiro Okuno stepupchihiroo@gmail.com

KIMEKOMI

Learn to cover wooden forms with fabric to create beautiful dolls, animals, balls, and much more.

For beginners, I will accompany them to the kimekomi shop to help with supplies. Start up fee 1,500 yen.

Meets: 10am-noon, June 19th

Place: Jenny's House

For more information please contact:

Jenny Loveridge jenny.loveridge@gmail.com

SPORTING EVENTS

Experience the fun, joy, and community of professional sports! No need to know anything about the sport. All you need is a willingness to cheer loudly!

Meets: TBA

Place: TBA

For more information please contact:

Manya Shorr manyadanielle@gmail.com



BABYSITTING

We are looking at new options for 2024. We want to provide space for our members with children. If you have any suggestions or recommendations for us to provide affordable child care during our events, please contact us at nagoyaccea@gmail.com

JUNE 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3 Book Club 10am-11:30am	4	5 Photography club 10-12	6	7 General Meeting 10:15am-12:15pm Volunteering 1:30pm
10	11 Language Exchange 10am-noon	12 Day Trip All day	13 Yamato-e 10am-noon	14 Board Meeting 10:00am-12pm
17	18	19 Kimekomi 10am-noon Pilates 10:30am-11:30am	20	21 Volunteering 1:30pm
24	25 Restaurant Hunters 11am-1pm	26	27	28 Yamato-e 10am-noon <hr/> 29 Ikebana 10am-11am Calligraphy 11am-noon

BOARD MEMBERS

President: Gwyn Wilson
Vice President: Fumika Kusano
Program Coordinators:
 Wetty Tokuhisa, Samantha Brunner
 Crystal Davila
Membership Coordinators:
 Rasita Craig

Financial Coordinators: Sakiko Kato
Administrator:
Marketing Coordinators: Kerry Holdcroft
Recruitment Coordinators:
Catering Coordinators:
 Naomi Hasegawa, Chihiro Okuno

If you are interested in volunteering as a Board Member this year, please contact us for more info!
nagoyaccea@gmail.com